



An update from Kenton: Forum Chair

Firstly I would like to take this opportunity to say a big THANK YOU for making our year such a success. Covid has meant a really challenging time for parent carers and their families but your involvement in attending the many virtual events, chances to chat, completing our annual survey and engaging across social media has helped us connect with many more parent carers this year.

We have been delighted to be awarded grants to both develop our parent carer training offer whilst also delivering some wellbeing activities in the run up to summer. It has been so positive to start to get back to "in person" activities and see parent carers have some very deserved "me time". We are really pleased to be planning lots of engagement opportunities, training and events from September and look forward to having many opportunities to meet again over the coming months.

Please continue to share your experiences of provision, good and bad, so that we can continue to raise appropriately with providers as we respond to the recent Ofsted & CQC revisit and the development of a Local Area Accelerated Action Plan. Remember our Facebook community is a great place to connect and support each other over the holiday.

Wishing you a lovely summer. Kenton Mee Chair / CEO

What we have been up to this term:

- 9 relaxing Wellbeing Sessions
- 7 Training Sessions
- 4 Parent Carer engagement events
- 55 Meetings with Strategic Partners

Exciting News !!

Our Local Offer Event is all set for the 29th of September at the Winter Gardens! We have a special offer of a Free Goody Bag which applies to the first 100 people who sign up and sign in on the day!

[Sign up on Eventbrite here](#)

Summer Holiday Activities:
[Kingston Seymour Stay&Plays](#)
[Gympanzees Roadshow](#)

Message from Laura, our training Co-ordinator:

What a great few months of training we have had! We have covered a whole range of topics from Autism in girls, challenging behaviour to young people and self-esteem and trusted relationships. Thanks to all those who have attended and for your lovely feedback such as:

- ★ 'Thank you for running such an informative and relevant training session.' ★
- ★ 'I thought the trainer was very knowledgeable and she was easy to listen to. I connected well to what she was saying. I enjoyed the training and would recommend.' ★





Our Wellbeing Sessions!



What a busy July it has been! We have loved creating and taking part in our Wellbeing Offers this month. From horse care, platefuls of cake with craft activities, making campfires, to lounging in a spa, each session has brought so many opportunities to meet other parent carers, learn new skills and have a good chat. Thank you to Quartet for funding NSPCWT so we could create these packages. Thank you to Bentley Road Baker, The Mindful Life, Play Wild CIC, Rookery Manor Spa and Uncle Paul's Chilli Farm for their relaxing sessions! We hope to do these again in the future.



Our Annual Report is now available:

<https://www.nspcwt.org/surveys-reports>

Ofsted Revisit Report:

[Ofsted and CQC Report](#)

Our aims for Summer and the new School Year:

Summer is here! We hope you signed up for our wellbeing boxes and look forward to creating these for your family!

In the new school year we have coffee events planned at numerous local schools to broaden our reach plus training around ADHD, Dyslexia, Dyscalculia, Makaton, Autism in Girls, Demand Avoidance and Eating Disorders all lined up for Autumn School Term.

Don't miss our Local Offer Event on the 29th of September at the Winter Gardens!

We will keep our social media up to date with any relevant information. Please do contact us if you have any questions over summer although please bear in mind some of our hours may be erratic around our own young people 😊



Thank you from NSPCWT

[NSPCWT.org](https://www.nspcwt.org)

Join our steering group!

As part of our steering group you will:

- Shape priorities for the forum
- Meet face to face six times a year
- Discuss EHCP, transport provision, key priorities, diagnosis and respite
- Bring together the collective voice of parents and carers in North Somerset

Drop in to our
next Meeting on the
30th September

11am-1pm

at

St. Barnabas Centre
Portishead
BS20 6LN



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